



CENTENNIAL

SCHOOL DISTRICT 12

CONNECTING. ACHIEVING. PREPARING.

EARLY CHILDHOOD FAMILY EDUCATION

A PLACE FOR FAMILIES



2022-23 Class Catalog and Program Information

ECFE | Centennial Preschool | Early Childhood Screening

SERVING THE COMMUNITIES OF BLAINE, CENTERVILLE, CIRCLE PINES, LEXINGTON, AND LINO LAKES

Visit the **Early Childhood Center at Rice Lake Elementary, 575 Birch Street, Lino Lakes 55014**

763-792-6120 | Fax: 763-392-7743 | isd12.org/ecfe | EarlyChildhood@isd12.org | [@Centennial.EC](https://www.instagram.com/Centennial.EC)

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Connect With Us On Social Media

Like our Facebook page
[@Centennial.EC](https://www.facebook.com/Centennial.EC)

EARLY CHILDHOOD FAMILY EDUCATION

Providing opportunities for families with children from birth to age 5



Welcome to another year at Centennial ECFE! I am happy to see our returning families and to meet those of you joining us for the first time.

This will be my seventh school year as the Centennial ECFE Coordinator, and every fall I still get excited for the new school year to begin. Each year, our Early Childhood educators find creative, new ways to engage our youngest learners. This year will be no different. I am looking forward to seeing what our teachers have planned for your children!

As a licensed parent educator, I have always loved and appreciated parent education as a way to support families, but as a new parent - my daughter will be 9 months in September - I especially value the work our parent educators are doing and the benefits of parent education. For those of you new to parent education, as you learn with us I hope you feel encouraged and empowered in your role as your child's first and most important teacher!

As you explore our brochure, you will see our class offerings for children aged birth to five. Not sure where to start? Try the Taste of ECFE class at the beginning of the year or a Drop-In and Play class anytime to experience a sample of what to expect in a weekly ECFE class. All of our classes build on each other, so as your child ages, they get to practice more independence and school readiness skills. Keep an eye out for fun family events planned by our Parent Advisory Council throughout the year!

If you have any questions, we are always more than happy to help. Feel free to reach out to us at the Centennial Early Childhood office.

Wishing you a wonderful school year!

Sarah Holmboe,
ECFE Coordinator

All are welcome! Throughout this brochure the word "parent" is intended to be inclusive of any adult who has a role to play in a child's development. We welcome parents, grandparents, babysitters, and all caregivers who are interested in participating with a child in an ECFE class.

ECFE CLASS FORMAT

A typical class includes...

Explore Together

The teacher welcomes families into the classroom, which is prepared with a variety of age-appropriate activities around the room.

Circle Time

Families join in a circle on the floor, and the teacher leads the group in a welcome song. Other circle time activities may include stories, music, and movement.

Parenting

Parents participate in a discussion led by a licensed parent educator. The parent discussion focuses on topics related to both child and parent learning and allows time to connect with other parents of young children.

Non-separating: Parents stay in circle, and the children are encouraged to play in other areas of the classroom.

Separating: Parents say a quick goodbye to their children, then move to the parenting room where they enjoy a cup of coffee and conversation led by the parent educator.

Child & Teacher Free Play

While the parents participate in parent education, the children stay with their teacher and continue to learn through play. The teacher and paraprofessional encourage children to try a variety of activities. For separating classes, this is a time for your child to practice separation and learn to trust other adults.

Playground/Motor Room

Parents join their children, and the class moves either to the outdoor playground or the indoor gym (equipped with climber, swing, slide, and riding toys).

Goodbye

The teacher leads the group in a final song or game to mark the end of class. See you next week!

Centennial ECFE classes are taught by licensed early childhood teachers and parent educators

We utilize Early Childhood Indicators of Progress and the Parent Education Core Curriculum Framework to plan curriculum. These tools provide a foundation for learning in all areas of development, and are based on expectations of what young children can know and do in early childhood.

Safety remains our priority. We will continue to follow health and safety guidelines provided by the state of Minnesota and the Center for Disease Control and Prevention. Please visit our website for more information on COVID-19 health and safety guidelines for participation in ECFE.

ECFE is located at Rice Lake Elementary

The Early Childhood Center is attached to Rice Lake Elementary, 575 Birch Street in Lino Lakes. Look for the Early Childhood entrance (Door C) on the east end of the building.



Open House September 8, 4:30-6 pm

Visit the facility, see your classroom, and meet your teachers and paraprofessionals! We hope to see you there!

ECFE Calendar ECFE follows the Centennial School District student calendar, but has a shorter school year and additional days off (bolded below).

May 15	Registration Opens
June 1	Class Placement Lottery
Sept 12-16	Classes begin
Oct 10	No classes
Oct 20-21	No classes (MEA break)
Nov 7	No classes
Nov 24-25	No classes (Thanksgiving break)
Dec 19-Jan 2	No classes (winter break)
Jan 3	Classes resume
Jan 16	No classes
Jan 23	No classes
Feb 17	No classes
Feb 20	No classes
March 6-10	No classes (spring break)
March 31	No classes
April 7	No classes
May 8-12	Last week of classes

WEEKLY CLASSES

These classes meet each week for the entire school year. You may register for a weekly class at any time if space is available. Classes are categorized by how much class time parents spend in the parent education room.

NON-SEPARATING

Parent education discussion takes place in the classroom.

Little Tots

As your infant grows into a toddler, they become more independent, curious, and interested in other children. In these classes, you and your child will have the opportunity for sensory play, socialization, songs, and movement.

0-24 months by Sept 1, 2022

Tue 6:00-7:15 pm #101

6-18 months by Sept 1, 2022

Wed 9-10:15 am #200

GRADUAL SEPARATION

Parent education in another room increases over time as students grow more comfortable with separation.

Little Tots

This session for slightly older tots will begin working on separation after winter break.

12-24 months by Sept 1, 2022

Wed 11-12:15 am #201

Terrific Tykes

Parents and tykes enjoy art, sensory, language, music, and other activities. Children develop independence and trust in other adults to allow parents to fully separate for parenting discussions.

16-30 months by Sept 1, 2022

Thu 9-10:30 am #300

Thu 11 am-12:30 pm #301

SEPARATING

Parents spend half of the class time in parent education in another room.

Mini Movers

Art, sensory play, language, and games are the focus of this class as parents learn to appreciate their child's growing curiosity.

2-3 years by Sept 1, 2022

Mon 9-10:30 am #400

Tue 9-10:30 am #401

Tue 11 am-12:30 pm #402

2-5 years by Sept 1, 2022

Mon 6-7:30 pm #403

Parents & Preschoolers

Children work with parents and staff to build on their growing skills. Ideal for children who missed the age cut-off for 3-year-old preschool and are not ready to attend without a parent.

2½-4 years by Sept 1, 2022

Mon 11 am-12:30 pm #500

Step Up to Preschool

We start the year as a parent-child class on Thursdays only. After winter break we will transition to a Thursdays together/Fridays solo model. This class is a great option for students who are ready to give up afternoon naps, who haven't quite mastered toilet training, or who have limited experience being away from their parent/caregiver.

3 years by Dec 1, 2022

Class fee is 1½ the standard rate

Thu/Fri 1:30-3 pm #600

DROP-IN CLASSES NO REGISTRATION NEEDED

Explore With Baby

Come any week to meet with other parents of babies and learn ways to help your baby grow while getting the support you need as a parent. This class is led by a licensed parent educator. All families will receive a gift at their first class.

0-9 months at first attendance

FREE

Wed 1-2 pm

Drop-In & Play

All families are welcome to Drop-In and Play every week! Enjoy sensory activities, music, art, and story time. No parent education time.

Birth-5

**\$3/child or \$5/family per session
(no charge for infants)**

Fri 9-10 am



Sibling Care

For siblings, ages 3 months to 5 years, of children in class with parent

Sibling care provides a safe, supervised environment for children while a parent is in class with a sibling. Our sibling care workers are paraprofessionals with childcare experience. Space is limited. *Sibling care is not available for evening classes.*

Infants up to three months of age will stay with their parent in class.

If you are planning to use sibling care, you must register your child(ren). See more information regarding fees on page 8.



Home Visits for New Parents

Get resources, class information, and a free gift

For those unable to attend our Explore With Baby class, ECFE offers a free home visit to families with new babies in the Centennial School District. An ECFE representative will come to your home with community resources, information on classes, and a free gift! Call 763-792-6120 or email EarlyChildhood@isd12.org for more information.

ECFE CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
MORNINGS				
Mini Movers (2-3 yrs) 9-10:30 am	Mini Movers (2-3 yrs) 9-10:30 am	Little Tots (6-18 mos) 9-10:15 am	Terrific Tykes 9-10:30 am	Drop-In & Play 9-10 am
Parents & Preschoolers 11 am-12:30 pm	Mini Movers (2-3 yrs) 11 am-12:30 pm	Little Tots (12-24 mos) 11am-12:15 pm	Terrific Tykes 11 am-12:30 pm	Young Explorers or Make & Take 11 am-12:30 pm
AFTERNOONS				
		Explore With Baby 1-2 pm	Step Up to Preschool 1:30-3:00 pm	Step Up to Preschool (added January) 1:30-3:00 pm
EVENINGS				
Mini Movers (2-5 yrs) 6:00-7:30 pm	Little Tots (0-24 mos) 6:00-7:15 pm			

Immunization Forms

Updated forms required before attending any ECFE activities

All children, whether in the classroom or sibling care, need an immunization form on file with Early Childhood before they can start class. Please send a copy of your child's immunization records to one of the following:

- EarlyChildhood@isd12.org
- Fax: 763-392-7743
- Mail: Early Childhood
ATTN: Immunizations,
575 Birch Street,
Lino Lakes, MN 55014



Are You On the Census?

Sign up to receive updates & information

If you have children between the ages of birth and kindergarten, please be sure each child is on the school district census. The district uses census information for future planning and to send school information. To add your child on the census, go online to isd12.org/census-form or call the district office at 763-792-6000.

YOUNG EXPLORERS

2- or 3-week long classes, each exploring a specific theme. Register for one or two, or enjoy the entire series! Classes may include a special guest or field trip. Parent discussions focus on general joys and concerns.

2½-5 years by start of class

\$30 per three-week class,

\$20 per two-week class

sibling care \$10 per child

Fridays 11 am-12:30 pm

Young Naturalists

Budding scientists will experiment with the forces of nature. Dress for outdoor activity in any weather!

September 23, 30, October 7

YE: Nature

Young Scientists

Building on a child's natural curiosity, we investigate and experiment.

October 28, November 4, 11

YE: Science

Young Readers

What does literacy mean for pre-readers? We'll explore how to use books to engage and inspire.

December 2, 9, 16

YE: Readers

Young Artists

Your child will get a chance to flex their creative muscles. Dress for mess!

January 20, 27, February 3

YE: Art

Young Movers

Sing, dance, and move with your child as you learn together through music and movement.

March 17 & 24

YE: Movement

Young Helpers

Meet those whose jobs help our community and learn what even our little ones can do to help.

April 21, 28, May 5

YE: Helpers





MAKE & TAKE

Join a parent educator to make a project you can put to use at home. Chat with other parents as you work! All supplies provided.

14 years by start of class

\$8 per class

child care included for 1 child, additional children are \$5 per child

Fridays 11 am-12:30 pm

Calm-Down Kits

Take the focus off the tantrum and put it on these tools to help your child restore their balance.

October 14

Recipes for Fun

Come learn how to make slime, playdough, and other gooey substances your child will love.

November 18

Visual Schedule

Is getting out the door always a struggle? Bedtime stretching out to an eternity? Save your voice and try a visual schedule to cue your child through a series of actions.

February 10

Pot o' Fun

As the weather warms, pull from these activity idea. Use as boredom-busters or rewards for behavior goals.

April 14

Parent Advisory Council
New members are welcome!
The Parent Advisory Council (PAC) is a group of Early Childhood parents who provide input for the program, help plan fun family events, and assist with program fundraising.

Meetings are held monthly at the Early Childhood Center. Our first meeting of the year will be **Friday, September 16 from 9:30-10:30 am**. Free child care is provided. If you are interested in joining PAC, call the ECFE Coordinator at 763-792-6122 for more information.

Watch for these free, fun, PAC-sponsored events!

Gym Nights

For Centennial families with children 18 months to 5 years. Gym Nights take place monthly, November through February, at Rice Lake Elementary (Door B). Check the ECFE website or Facebook page this fall for 2022-23 dates!



Truck Day

Trucks, trucks everywhere! See what they look like up close. Climb in and touch them! Shop the silent auction to raise funds for ECFE. Truck Day is held the first Saturday in May.

Add-On Classes: Young Explorers and Make & Take classes can be taken in addition to a weekly class. There is no limit to the number of add-on classes you may take.

School Closings

In case of inclement weather or emergencies necessitating the closing of Centennial Schools, updates will be posted on the district website at isd12.org and on local television stations. Enrolled families will also be notified via phone and/or email by the SchoolMessenger system. If Centennial Schools are closed due to such emergencies, both daytime and evening ECFE and Centennial Preschool classes and activities will be cancelled.

Class Refund Policy

- Full refund if you cancel before class begins
- Paying annually: pro-rated refund if you cancel after class begins
- Paying monthly: No refund of previous payments if you cancel after class begins.

REGISTRATION

ECFE registration for the 22-23 school year begins May 15. Registrations received by 11:59pm on May 31 will be entered in the class placement lottery, to be held on June 1.

Registration does NOT guarantee class placement. If you register after a class has filled you will be placed on the waitlist, and we will contact you to discuss options. Your child must be the appropriate age by September 1, 2022 to be registered for a weekly class. Young Explorers, Make & Take, and drop-in classes have their own age restrictions. In order to serve as many families as possible, ECFE limits registration to one weekly class per child per year. (See weekly classes on page 4.)

Register Online at isd12.ce.eleyo.com

1. Scroll down to select the Early Childhood Family Ed picture/button.
2. Classes are organized in four categories: non-separating, gradual separation, separating, for parents.
3. Select the class you want. If registering prior to the lottery, you will be given the option to choose up to 2 alternate classes.
4. You will receive a confirmation email that your registration was submitted. **If you do not receive this email, your registration is incomplete.** Please log back in and confirm that you have completed all the necessary fields.

Register by phone or in person

You may contact us at 763-792-6120 to register beginning May 15. You are also welcome to stop by our office to register in person.

CLASS & SIBLING CARE FEES

Fees below are for the year-long weekly classes on page 4 unless otherwise noted. Other class fees are listed in descriptions.

ECFE offers class fees on a sliding scale based on household income. Fees are per class, regardless of the length of class or number of class sessions. Refunds are not given for classes missed due to weather, illness, family vacations, etc. Fees may be paid annually or in 9 installments via credit card or electronic transfer from a bank account. The annual fee or first monthly installment will be charged at the time of class placement. Additional monthly installments are charged on the first of the month, September-April.

Fee assistance and payment plans are available. **No family is turned away because of an inability to pay!** Call our office at 763-792-6120 for information.

Payments through Eleyo will appear on statements as "BCS Centennial Community Ed"

ECFE Class Fees

Gross Family Income	annual	monthly
\$0 - \$25,749	\$90	\$10
\$25,750 - \$38,624	\$135	\$15
\$38,625 - \$56,649	\$180	\$20
\$56,650 - \$77,249	\$270	\$30
\$77,250 - \$89,999	\$315	\$35
\$90,000 - \$102,999	\$405	\$45
\$103,000 +	\$450	\$50

Sibling Care Fees

Gross Family Income	annual	monthly
\$0 - \$25,749	\$30	\$3.34
\$25,750 - \$38,624	\$48	\$5.34
\$38,625 - \$56,649	\$60	\$6.67
\$56,650 - \$77,249	\$84	\$9.34
\$77,250 - \$89,999	\$108	\$12
\$90,000 - \$102,999	\$132	\$14.67
\$103,000 +	\$150	\$16.67



EARLY CHILDHOOD SCREENING

A FREE Check of Your Child's Growth and Development

At your screening appointment, trained professionals check your child's hearing and vision, weight and height, health history, immunizations, speech and language, general development, and motor skills. Interpreters are provided if needed. Screening is NOT a readiness test for kindergarten. Screening can detect possible learning or health concerns so that a child can get help, if necessary, before starting school.

Minnesota law requires that all children be screened prior to attending kindergarten.

When should my child get screened?

A child can be screened anytime after age 3, but we recommend screening your child between 3½ and 4 years old. Screening results are scored based on your child's age on the day of screening, so there is no benefit to delaying until your child is older.

How do I schedule an appointment?

There are three ways to schedule an appointment:

1. Visit isd12.org/ecs to make an appointment online.
2. Send an email to ecscreening@isd12.org
3. Call 763-792-6120.

Are there other places I can get my child screened?

Yes, an Early Childhood Screening can be completed by another Minnesota school district, the Head Start program, the department of Public Health, or some health care providers. If your child is screened elsewhere, please be sure to forward a copy of the screening summary to Centennial ECFE.

Want more information?

To learn more about Early Childhood Screening, visit isd12.org/ecs

Concerned about your child's development?

While all young children grow and change at their own rate, some children experience delays in their development. Early Childhood Screening can identify these delays, but you don't have to wait until screening to have your child evaluated. If you have concerns about your child's speech, play, behavior, or ability to learn or interact with others, we can help!

Call Help Me Grow at 1-866-693-4769 or fill out a referral form at helpmegrowmn.org. A Help Me Grow referral will connect you with the necessary resources in Centennial or your home district for further evaluation of your child's development. Services for Centennial district families are provided by the Early Childhood Special Education program (ECSE), which provides free evaluation and educational services to qualified children from birth to kindergarten.

Early Childhood Screening 2022-23 Schedule

Screening is available by appointment on these dates:

October 6	February 2
November 3	March 2
December 1	April 6
January 5	May 4

Your confirmation email will include the address for the screening site.

How you can help your child prepare for school

- Help your child identify their abilities, characteristics, likes, and dislikes.
- Show your child how to positively interact with others. This will help your child learn how to make friends, solve conflicts, and work together with others.
- Pay attention to your child's learning styles and attitudes towards learning. It's not just about how your child learns best, but also how to encourage positive attitudes about school and learning.
- Read to your child often. This shows them the importance and fun of reading and literacy.
- Encourage their creativity through art, music, and movement. These things are not only fun for your child, but teach them about creativity and independent thinking.
- Encourage your child's curiosity about the world using math and logic, scientific thinking, and problem-solving.

Gearing Up for Kindergarten

August 8-11 & 15-18, 2022
9-11:30 am

Will your child be entering kindergarten in fall 2022 without attending preschool? This two-week-long class aims to prepare students for a successful kindergarten experience.

Online registration is now open at isd12.ce.eleyo.com. Call 763-792-6120 for more information.



CENTENNIAL PRESCHOOL

The Centennial School District offers full- and part-day preschool to children who are three and four years of age by September 1. Classrooms are located at each of the district elementary schools and the Early Childhood Center. The goal of Centennial Preschool is to help children enter kindergarten with the skills and behaviors necessary to be successful in future learning. Through guided play, large and small group time, and social interaction, children will build language, literacy, social, problem-solving, and math skills.

What makes Centennial Preschool unique?

It is a priority of Centennial to involve parents/caregivers in their child's education. Research shows that early childhood programs that include parents and children working together are more effective than programs that only focus on the child. Part-day classes include weekly parent or caregiver attendance. Full-day classes offer a variety of parent engagement opportunities.

We are Parent Aware 4-Star Rated

All classes are taught by licensed teachers

Centennial Preschool utilizes curriculum and assessment tools approved by the State of Minnesota.

Fees and Registration

Fees depend on schedule. Limited income-based discounts and scholarships are available to families who qualify. Registration is at isd12.ce.eleyo.com under Centennial Preschool. Registration for Centennial Preschool began in March, and some classrooms are now full. **To check on class availability, call 763-792-6120.**

Centennial Preschool classes for 2022-23

Please see the brochure at isd12.org/preschool for details on curriculum, policies, class schedules, and tuition rates.



COMMUNITY EDUCATION

See the Summer 2022 Activity Guide at isd12.org/community-education for more information on these and other activities.

Registration now open at isd12.ce.eleyo.com

Call the Community Education offices with any questions, 763-792-6100.

GRAND Day Party

All Ages

Hey Grandkid! Make some GRAND memories with Grandma or Grandpa at this Grand Day Party. Decorate a frame and complete a fun fact sheet together, hop on over to the Grand Day backdrop for a photo, go on a short but Grand adventure together in search of some Grand things, and end this Grand morning with cupcakes and lemonade.

#8574	W	Aug 10
	\$43	RL: ECC Rm 101
		9-11:30 am

Blastball

Ages 3-5 with parent

Discover this fast-paced game that teaches the fundamentals of baseball and softball.

4 sessions	W	July 13-Aug 3
	\$49	GL-Field 1
#6181J		5:30-6:15 pm
#6181K		6:30-7:15 pm

Kids Dance: Hop N' Tots

Ages 3-5

This high-energy class focuses on improving rhythm, balance, and coordination.

7 sessions	Th	July 14-Aug 25
	\$69	CMS-Gym 5
#5001A		5-5:45 pm

DASH Basketball Tykes

Ages 2-5

Young players will be taught how to properly dribble, pass, shoot, and play defense in a fun and positive environment.

4 sessions	M-Th	August 8-11
	\$59	CMS-Gym 3
#6953A	2-3	5-5:30 pm
#6953B	4-5	5:40-6:10 pm

Mini Kickers Soccer

Ages 3-5

Get ready for a fund camp with the CHS boys' soccer coach and players. Learn soccer basics through fun games and activities.

4 sessions	M-Th	June 20-23
	\$39	CHS-practice turf
#6379A	3	11:30-noon
#6379D	4-5	12:15-1:15 pm

4 sessions	M-Th	July 11-14
	\$39	CHS-practice turf
#6379B	3	11:30-noon
#6379E	4-5	12:15-1:15 pm

4 sessions	M-Th	July 25-28
	\$39	CHS-practice turf
#6479C	3	11:30-noon
#6479F	4-5	12:15-1:15 pm



Skyhawks Super Tots Soccer

Ages 2-4

The goal of this class is to develop kicking, running controls, and dribbling, using a variety of fun games with lots of physical activity

4 sessions	W	July 20-Aug 10
	\$69	LaMotte Park
#6161B-1	2-3	5-5:30 pm
#6161B-2	3-4	5:35-6:05 pm
#6161B-3	2-3	6:10-6:40 pm
#6161B-4	3-4	6:45-7:15 pm

Music Together (Outdoor Venue)

Newborn to 6 years with parent/caregiver

Discover the joy of making Music Together. Sing, laugh, move and learn along with your baby, toddler or preschooler for 45 minutes of fun each week in these award-winning classes. Receive a CD, a code to download the music, an illustrated songbook and parent education materials. Try a free demo class to see if this program is a good fit for your family.

Instructor: Music Together, research-based, internationally acclaimed program

8 sessions	Golden Lake Park
\$169 first child/\$89 additional child	
No charge for children under 8 months old (born after 10-20-2021) with registered sibling	

#1017A	W	June 22-Aug 10
		6:15-7 pm
#1017B	Th	June 23-Aug 11
		9:30-10:15 am
#1017C	Th	June 23-Aug 11
		10:30-11:15 am

Free Demo Class

Visit a FREE demo class before the sessions start to learn more about the program to see if Music Together is a good fit for your family. Please register separately for the Demo events. Demo classes are free but registration is required.

Golden Lake Park		
#1017-Demo A	W	June 15
		6:15-7 pm
#1017-Demo B	Th	June 16
		9:30-10:15 am
#1017 Demo C	Th	June 16
		10:30-11:15 am

