



**CENTENNIAL**

SCHOOL DISTRICT 12

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# News Release

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## **Youngest Person to Row Solo across the Atlantic to Speak with Students at Centennial Middle School about Chasing Dreams and Helping Others**

*National Motivational Speaker to Inspire Students*

October 19, 2015 (Circle Pines, MN) —Katie Spotz will talk about her world record breaking solo row across the Atlantic Ocean at Centennial Middle School on Tuesday, October 20. Spotz has shared her adventures with students across the country to raise awareness about the global water crisis and to inspire youth to help solve it.

In this nationwide initiative to raise \$250,000 for water projects in the developing world, Spotz has partnered with H2O for Life, a nonprofit service learning organization, to inspire 30,000 students from 50 schools across the United States to help partner schools from the developing world gain access to clean water, improved sanitation, and hygiene education.

By telling inspirational stories of her own adventures, Spotz will remind students that everyone can tackle bigger problems than their own and make a difference in the lives of others, while becoming energized global citizens and activists for change.

Since her record breaking row in 2010, Spotz has made it her mission to bring awareness to the plight of billions of people around the world who suffer from a lack of safe drinking water. By speaking to groups and organizations around the country and sharing her personal stories of triumph, she has inspired thousands of people to believe that extraordinary achievements are within everyone's grasp.

**WHAT:** Motivational speaker, Katie Spotz, will inspire students through a presentation and will help a partner school in the developing world gain access to clean water, improved sanitation, and hygiene education.

**WHO:** Katie Spotz is a 26-year-old adventurer and safe water advocate from Ohio. In addition to her world record breaking solo row across the Atlantic Ocean, she has completed an Ironman triathlon, an ultramarathon in Australia, a bike ride across America, a 325 mile river swim, and a run across deserts.

**WHERE:** Centennial Middle School, 399 Elm Street, Lino Lakes, MN 55014.

**WHEN:** Tuesday, October 20, 8:25am and 9:25am.

**If interested in attending,** please contact Krista Bergert, [kbergert@isd12.org](mailto:kbergert@isd12.org), or by phone, 763-792-6060.

**About H2O for Life**

Katie Spatz has partnered with H2O for Life, a national nonprofit organization offering opportunities to educate and inspire youth to become global citizens. Through school-to-school partnerships, H2O for Life provides opportunities for youth to take action and help raise funds to support implementation of critical water, sanitation and hygiene education projects in the developing world. This unique approach teaches H2O for Life students how they can make a tangible difference and implement sustainable social change at home and around the world. *Learn more about H2O for Life at [www.h2oforliveschools.org](http://www.h2oforliveschools.org).* This tour is sponsored by the Aveda Corporation and Axel Johnson, Incorporated.