



Effective date: 05/29/2013

Supersedes: 11/16/2012

Code: 00808WG

Product Name: Whole Grain Cheese Lasagna Rollup

Serving Size: 3.65 oz

Pack: 120/3.65 oz

762052

Each serving (one – 3.65 oz. unit) of Whole Grain Cheese Lasagna Rollup provides 1.50 oz. equivalent meat alternate and 1 oz eq grains. CN # 085822 11/12

Product Info

**Nutrition Facts**

Serving Size 1 Rollup (3.65 oz)

Amount Per Serving

Calories 180    Calories from Fat 30

% Daily Value\*

Total Fat 3.5g    5%

Saturated Fat 2g    10%

Trans Fat 0g

Cholesterol 25mg    8%

Sodium 260mg    11%

Total Carbohydrate 25g    8%

Dietary Fiber 2g    8%

Sugars 4g

Protein 11g

Vitamin A 2%    •    Vitamin C 0%

Calcium 15%    •    Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

PREPARATION – for best results

**Keep frozen until ready to prepare**

**Method 1- Baking**

- 1.Preheat convection oven to 375°F. Set fan to HIGH.
- 2.Distribute 3 cups of room temperature canned sauce in the bottom of a stainless steel, full steam table pan that has been sprayed with non-stick cooking spray.
- 3.Place a single layer of frozen (-10°F to +10°F) rollups in the pan and cover with 5 cups room temperature canned sauce (approximately 18 rollups per layer).
- 4.Spread sauce over pasta to cover.
- 5.Cover the pan tightly with aluminum foil.
- 6.Bake for 50 minutes or until reaching a minimum internal temperature of 165°F for at least 15 seconds in the coldest spot. **Note: cooking equipment, equipment settings, and kitchen conditions will vary so cooking time may need adjusting. Cook all food thoroughly to 165°F.**

**Method 2 – Steaming**

- 1.Set steamer to HIGH.
- 2.Distribute 3 cups of room temperature canned sauce in the bottom of a stainless steel, full steam table pan that has been sprayed with non-stick cooking spray.
- 3.Place a single layer of frozen (-10°F to +10°F) rollups in the pan and cover with 5 cups room temperature canned sauce (approximately 18 rollups per layer).
- 4.Spread sauce over pasta to cover.
- 5.Cover the pan tightly with plastic film and then aluminum foil.
- 6.Steam for 50 minutes or until reaching a minimum internal temperature of 165°F for at least 15 seconds in the coldest spot. **Note: cooking equipment, equipment settings, and kitchen conditions will vary so cooking time may need adjusting. Cook all food thoroughly.**

**If storing in a moist 145°F warmer, cover the pan with plastic film and hold up to 1 hour.**

Shelf life:	12 months frozen (-10° - 10°F)	Dim: 16.1"x12.1"x11.0"
Ti-Hi:	10 x 6	Case cube: 1.24 ft <sup>3</sup>
Cases/pallet:	60	Pallet height: 71.5-inches
Gross case wt:	28.8 lbs; Net wt: 27.38 lbs	
Pallets/truck:	26	
UPC:	10852777002858	
ALLERGENS:	Contains Wheat, Milk, & Egg	
GRAINS:	50% of the grains used in this product are whole grains	

**FILLING:** Fat Free Ricotta Cheese (Whey, Skim Milk [Made From Nonfat Dry Milk Powder], Vinegar, Xanthan Gum, Carrageenan), Low Moisture Part Skim Mozzarella Cheese (Cultured Part Skim Milk, Salt, Enzymes), Romano Cheese Made From Cow's Milk (Cultured Milk, Salt, Enzymes), Egg, Water, Whey Protein Isolate, Sodium Caseinate, Sugar, Salt, Dehydrated Garlic. **PASTA:** Whole Wheat Flour And Enriched Semolina Blend (Whole Wheat Flour, Semolina, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water.

CONTAINS: 120 – 3.65 OZ SERVINGS PER CASE  
(1 LASAGNA ROLLUP PER SERVING)

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